

Bachelor of Counselling: Progression pathway to assist enrolment and re-enrolment

Please find below a progression pathway through the Bachelor of Counselling. This document will be useful to students who are entering the degree and for students who are re-enrolling in the degree. It describes when units will be offered and what mode of blended learning will be used. Use this document alongside the University's Unit Management System (UMS) to chart your course progression.

All units, other than placements, are taught within an 8 week term. A full-time student will take 2 units per term, and thus complete 4 units in a semester, and 8 units in a year. Given that the degree requires a student to take 24 units, a full-time student will complete in 3 years.

All units use blended learning. Three forms of blended learning are used across the degree. A unit may therefore be taught in one of the following ways:

- a) Across 8 weeks you complete 7 weekly online modules in your own time and attend a 2 day compulsory face-to-face intensive in Melbourne. Easter aside (i.e., term 1), the intention is to hold 1st year intensives in Week 5 of the term, 2nd year intensives in Week 6, and 3rd year intensives in Week 5. Full-time students may have to attend up to 2 intensives in the allocated week. The first on Monday and Tuesday and the second on Thursday and Friday.
- b) You complete 8 weekly online modules in your own time and attend 8 weekly compulsory online seminars (6pm to 8pm - Melbourne time). The 8 weekly online seminars are programmed in the following way:
 - i. 1st year = Wednesday evening
 - ii. 2nd year = Thursday evening
 - iii. 3rd year = Tuesday evening
- c) For specialised (e.g., workplace-centred) units blended learning can incorporate a variety of strategies such as self-paced learning and/or clinical supervision.

No matter when in a calendar year a 1st year student begins their degree they should consider commencing with 1st year units. All 1st year units are foundational and have no pre-requisites.

Students who are re-enrolling into the BCouns for another year should be mindful of the pre-requisite units that all 2nd and 3rd year units have. Pre-requisite units can be found in the UMS. Furthermore, in 2nd and 3rd year there are a limited number of electives to choose from. In each semester choose only 1 elective.

Finally, student cohorts must be of a minimum size for a unit to go ahead. This is especially so for units which have intensives. The University therefore reserves the right to either cancel a unit, or amend the teaching format, so as to maintain educational quality. In the unlikely event that this was to happen the Counselling Program Director will inform affected students personally.

N.B. – The Counselling Program Director also maintains a weekly online consultation time for all students during each term (i.e., Wednesdays 12:30pm to 1:30pm - Melbourne time). This is an excellent opportunity for you to drop in, ask all sorts of questions, and meet with other students. It is important that we build community together.

Unit offerings within the broader degree structure

Year of BCouns	Semester 1				Semester 2				Summer
	Term 1		Term 2		Term 3		Term 4		
	Unit codes, names, elective status, and type of blended teaching used								
1st year	CO1001Z Expressing Integrity Through Excellence In Academic And Professional Communication 7 weekly online modules + 2 day intensive.	CO1002Z Self, Profession, And Society 7 weekly online modules + 2 day intensive.	CO1003Z Critical Thinking, Problem Solving, And Decision-Making 7 weekly online modules + 2 day intensive.	CO1004Z The Human Condition 8 weekly online modules, and 8 x 2hr weekly evening seminars.	CO1005Z Introduction To Counselling 7 weekly online modules + 2 day intensive.	CO1006Z Engaging Diversity A variety of strategies such as self-paced learning.	CO1007Z Introduction To Psychology 7 weekly online modules + 2 day intensive.	CO1008Z Data Literacy For Clinicians 8 weekly online modules, and 8 x 2hr weekly evening seminars.	
2nd year	CO2001Z Human Development, Personality, And Identity 8 weekly online modules, and 8 x 2hr weekly evening seminars.	CO2002Z Working With Children, Adolescents, And Older Adults 7 weekly online modules + 2 day intensive.	CO2003Z Trauma-Informed Counselling In The Context Of Loss and Grief 7 weekly online modules + 2 day intensive.	CO2004Z Working In, And With, Culture (Elective) 7 weekly online modules + 2 day intensive. OR CO2005Z Working With Couples And Families (Elective) 7 weekly online modules + 2 day intensive.	CO2006Z What Is Abnormal?: The Individual, Diagnostics, And Society 8 weekly online modules, and 8 x 2hr weekly evening seminars.	CO2007Z Counselling Ethics, The Law, And Best-Practice 7 weekly online modules + 2 day intensive.	CO2008Z Self-Care And The Workplace A variety of strategies such as self-paced learning and supervision.	CO2009Z Strengths-Based Counselling For Marginalised People (Elective) 7 weekly online modules + 2 day intensive. OR CO2010Z Counselling Survivors And Perpetrators Of Domestic Violence (Elective) 7 weekly online modules + 2 day intensive.	
3rd year	CO3001Z Placement – Part A A variety of strategies such as self-paced learning and supervision.	CO3002Z Complex Clients: Neurodiversity, Addictions, And Personality Disorders 8 weekly online modules, and 8 x 2hr weekly evening seminars.	CO3003Z Virtues-Based Counselling: Working With Hope, Courage, And Compassion 7 weekly online modules + 2 day intensive.	CO3004Z Intimacy, Sex(ualities), And Gender (Elective) 7 weekly online modules + 2 day intensive. OR CO3005Z Working With Groups, Teams, And Leaders (Elective) 7 weekly online modules + 2 day intensive.	CO3006Z Placement – Part B AND CO3001Z Placement – Part A A variety of strategies such as self-paced learning and supervision. N.B. – By negotiation CO3001Z and CO3006Z may be taken concurrently.	CO3007Z Emerging Technologies, AI, And The Business Of Counselling 8 weekly online modules, and 8 x 2hr weekly evening seminars.	CO3008Z Capstone Project A variety of strategies such as self-paced learning and supervision.	CO3009Z The Role Of Faith, Religion, And Spirituality In Wellbeing (Elective) 8 weekly online modules, and 8 x 2hr weekly evening seminars. OR CO3010Z The Well Community (Elective) 7 weekly online modules + 2 day intensive.	CO3006Z Placement – Part B A variety of strategies such as self-paced learning and supervision. N.B. – May be taken by negotiation as the teaching period is contracted, counselling organizations may close over Christmas, and/or clients may not be as engaged given holidays.