

2026 Timetable

Bachelor of Counselling units



Term 1 23 February – 19 April

		Live-stream Units – Day and Time*					
Unit Code	Unit Name	Tuesday	Wednesday	Thursday	Intensives	Other modes	
CO1001Z	Expressing Integrity through Excellence in Academic and Professional Communication		Intro Wk 1 (25/2): 6pm–7pm		23–24 March		
CO1002Z	Self, Profession, and Society		Intro Wk 1 (25/2): 7pm–8pm Ongoing 6pm–7pm				
CO2001Z	Human Development, Personality, and Identity			6pm–8pm			
CO2002Z	Working with Children, Adolescents, and Older Adults			Intro Wk 1 (26/2): 5pm–6pm	1-2 April		
CO3002Z	Complex Clients: Neurodiversity, Addictions, and Personality Disorders	6pm–8pm					
CO3006Z	Placement – Part B (150hrs incl 40hrs counselling and 24 hrs supervision)					Supervision dates: TBC	
CO3008Z	Capstone Project (January –June)					A variety of strategies such as self-paced learning and supervision.	
CO3011Z	Placement – Full year (300hrs incl 80hrs counselling and 48 hrs supervision)					Supervision dates: TBC	

Term 2 27 April – 21 June

		Live-stream Units – Day and Time*					
Unit Code	Unit Name	Tuesday	Wednesday	Thursday	Intensives	Other modes	
CO1003Z	Critical Thinking, Problem Solving, and Decision-Making		Intro Wk 1 (29/4): 5pm–6pm		25–26 May		
CO1004Z	The Human Condition		6pm–8pm				
CO2003Z	Trauma-Informed Counselling in the Context of Loss and Grief			Intro Wk 1 (30/4): 5pm–6pm	1–2 June		
CO3003Z	Virtues-based Counselling: Working with Hope, Courage, and Compassion	Intro Wk 1 (28/4): 6pm–7pm			19–20 May		
CO3004Z	Intimacy, Sex(ualities) and Gender (Elective)	Intro Wk 1(28/4) 7pm–8pm 5/5, 12/5, 26/5, 9/6: 6pm–8pm			28 May (compulsory) 29 May		

Notes: 1. Times for online seminars are quoted as Melbourne time.

2026 Timetable

Bachelor of Counselling units



Term 3 27 July – 20 September

Unit Code	Unit Name	Live-stream Units – Day and Time*			Intensives	Other modes/notes
		Tuesday	Wednesday	Thursday		
CO1005Z	Introduction to Counselling		Intro Wk 1 (29/7): 6pm–7pm (TBC)		TBC	Delivery information for this unit currently under review. Please contact ALC Student Records Student.Records@alc.edu.au .
CO1006Z	Engaging Diversity					A variety of strategies such as self-paced learning and supervision.
CO2006Z	What is Abnormal?: The Individual, Diagnostics, and Society			6pm–8pm		
CO2007Z	Counselling Ethics, the Law, and Best-Practice			Intro Wk 1 (30/7): 5pm–6pm (TBC)	TBC	Delivery information for this unit currently under review. Please contact ALC Student Records Student.Records@alc.edu.au .
CO3007Z	Emerging Technologies, AI, and the Business of Counselling	6pm–8pm				
CO3008Z	Capstone Project (July – November)					A variety of strategies such as self-paced learning and supervision.
CO3011Z	Placement – Full year (300hrs incl 80hrs counselling and 48 hrs supervision)					Supervision dates: TBC

Term 4 28 September – 22 November

Unit Code	Unit Name	Live-stream Units – Day and Time*			Intensives	Other modes
		Tuesday	Wednesday	Thursday		
CO1007Z	Introduction to Psychology		Intro Wk 1 (30/9): 5pm–6pm		TBA	
CO1008Z	Data Literacy for Clinicians		6pm–8pm			
CO2008Z	Self-Care and the Workplace (incl. 36hrs on-job training)			Intro Wk 1 (1/10): 5pm–6pm (TBC)		A variety of strategies such as self-paced learning and supervision.
CO2010Z	Counselling Survivors and Perpetrators of Domestic Violence (Elective)			Intro Wk 1 (1/10): 6pm–7pm	9–10 November	
CO3009Z	The Role of Faith, Religion, and Spirituality in Wellbeing (Elective)	6pm–8pm				

Notes: 1. Times for online seminars are quoted as Melbourne time.